

Employee Assistance Program



EMPLOYEE ASSISTANCE PROGRAM (EAP)

An Employee Assistance Program (EAP) provides services to help people privately resolve problems that may interfere with work, family, and other important areas of life.

EAP services include counseling, work-life balance, and wellness resources.

As an OEBB member, there is no cost to you or your family members for using EAP services. In fact, anyone dependent on your income, regardless of age or where they live, and anyone living in your household, related or not, can access these services for free.

[Reliant Behavioral Health](#) is a licensed specialized health care plan. We offer a national employee assistance program focused on high levels of service to our client organizations, helping restore and maintain workplace health and productivity. With a clear commitment to clinical expertise and program excellence, we have earned a reputation for:

- Comprehensive, flexible and effective EAP programs that deliver value to the organization as well as to employees and their families
- Quick and easy access to highly qualified, licensed, and experienced EAP clinicians with expertise in marriage and family counseling, substance abuse and crisis support
- Personalized consultations, resources and referrals for employees struggling to balance the demands of work and family

RBH understands that for healthcare to be affordable and effective, the system must be integrated whenever possible. That means individuals need to be able to transition from one resource to the next without interruption. RBH offers care coordination through its experience in delivering a variety of health and life solution programs. These programs are available to you now, or you can start with one, and add other programs over time as they are needed.

[Reliant Behavioral Health](#) or www.MyRBH.com

1-866-750-1327

(Access Code: OEBB)

Crisis support is available 24 hours a day: 866-750-1327

Email RBH

To protect your privacy; please do not send personal information by email. If you have an issue and would like to access support call RBH instead of sending an email.

The Road to Better Health