

# Culver Elementary School



Remember to save your box tops.

## Schedule of Events

- February — 19th President's Day NO SCHOOL
- February — 20th Staff Dev. NO SCHOOL
- February — 23rd Dr. Suess dress up day!
- March 1st Celebrate Dr. Suess' Birthday 5:30-7pm In cafeteria!
- March 26-30 Spring Break!!
- April 6th No School, teacher work day!

## Short Notes

### Excellent Attendance

Being in school every day means your child won't miss out on learning. Try to schedule appointments and family trips outside of school hours. If he asks to stay home "just because," remind him of what he'll miss, such as his reading group or PE class. Explain that he can be absent only if he's sick or there is a family emergency.

## DID YOU KNOW?

Children who regularly eat meals with their families tend to do better in school and avoid risky behavior. Eating dinner together is great, but other meals count, too. If you work at night, maybe you could make time for a family breakfast. Or on a weekend, try a picnic lunch.

## NO SCHOOL FEBRUARY MONDAY 19th OR TUESDAY 20th

Dear Families,

On January 29<sup>th</sup> we had an Assembly for kindergarten through 12<sup>th</sup> grade. The title of the assembly was "Lift Each Other Up".

I want to share some of the major points of the assembly so you can reiterate them at home. At the end of the assembly, I challenged the students and if they accepted the LIFT EACH OTHER UP Challenge, they picked up an orange and black bracelet.

Here is part of what was shared to the students:

*"Each of you have struggles and successes in your life. You can use those to understand others and what they are going through. Culver School District is a very special place and we can all bind together and lift each other up.*

To do so:

### We all need to develop EMPATHY:

*It is the ability to literally experience the world from another person's perspective; to walk in their shoes, to view life from their living conditions and to feel what it feels like to be that person.*

Here are the ways to develop EMPATHY:

**Walk a mile in their shoes:** *literally imagine what it would be like to be in their life. Sometimes you have no idea of their challenges and their success. We all need to consider the perspective and lives of others before we react to them.*

**Turn anger into compassion-** *Once you get a hang of stepping into another person's shoes, Make it an intention of yours to respond with understanding instead of anger. Exercise that skill of developing and using empathy.*

**Discover Similarities not differences-** *In this (often times) self-centered world, it seems that many have forgotten that not only they are on a pursuit of happiness, but everyone else is as well. By centering the whole world on ourselves, we tend to forget about others, which is causing us to see far more differences between ourselves and "them." But in reality, we are all the same. No matter of our ethical background, skin color, gender, or religious orientation – **we all are striving for happiness, peacefulness, and love.** Also, each of us is trying to avoid sadness and suffering at best. So, instead of being blinded by the differences that superficially separate you from another person, **try to acknowledge the commonalities you share with others.***

**Think before you type & text-** *If we are all striving for happiness, peacefulness, and love while trying to avoid sadness and suffering, we all need to be mindful how we use our phones to communicate. Whether it be a text or social media or an email, we must think before we type and text and hit send. Social media is a horrible place to start a fight, bash something or someone, put someone else down, or use it like your diary. If you are going to develop empathy & have compassion for others, you must think before you type & text. Use it for good, not tearing others down.*

*We have a choice in how we will act towards others. Developing and exercising empathy will make our world a better place. I would like to put forth a challenge to all of you- **LIFT EACH OTHER UP CHALLENGE-** This challenge is to spend the next 18 weeks lifting others up. Treat each other with empathy and compassion. Walk a mile in their shoes, turn anger into compassion, discover similarities not differences, and think before you type and text. Be a bucket filler."*

Sincerely,

Stefanie Garber



## Upcoming Events

FEB 21	IMMUNIZATION EXCLUSION DAY	
FEB 19	NO SCHOOL	HOLIDAY
FEB 20	NO SCHOOL	STAFF DEVELOPMENT
FEB 23	DRESS UP – DR SEUSS	
FEB 23	ACTIVITY DAY	DR. SEUSS 12:15-1:15
March 1	CELEBRATE DR. SUESS	5:30-7:00
March 23	HAWAIIAN DRESS UP DAY	
March 26-30	SPRING BREAK	WOO HOO!
April 6	NO SCHOOL	TEACHER WORK DAY

SPRING  
CONCERT  
MAY 31ST  
6:30pm



### PICK UP AND DROP OFF SAFETY

Please have your children use the crosswalk and remember to park in a safe spot. There is no stopping in the middle of the road, and PLEASE slow down!



### CELEBRATE DR. SUESS

5:30-7:00pm on Thursday March 1st 2018 Parents and children are invited to come to the cafeteria for a Celebration! There will be snacks and a prize give-away. The entire country is trying to read to a child on this day in honor of Dr. Seuss' Birthday. Bring a book, pillow and at least one child and help us Celebrate the wonderful world of reading!

There will be prizes for character dress up with a Dr. Seuss theme. Children must be accompanied by an adult!! If you have questions please contact Debbie Taylor or the school at 541-546-6861



**“THE BEST WAY TO CHEER YOURSELF UP  
IS TO TRY AND CHEER SOMEBODY ELSE  
UP!” MARK TWAIN**



With flu (influenza) season here, it's a good time to review a few key things that your entire family can do to prevent becoming infected:

- ◆ Influenza vaccination, it's not too late to get the vaccination
- ◆ Cover coughs and sneezes
- ◆ **HAND WASHING**, wash with soap and water for as long as it would take to sing "happy birthday" twice
- ◆ Avoid touching nose, eyes, and mouth to prevent spread of germs.
- ◆ **Fever Free** for 24 hours without medication before returning to School or work.

Remember to check your child/  
children for lice and nits.



As part of our Fine Arts program we took an all-school Field Trip to Summit High School in Bend on February 8th see Lion King. It was so much fun!!!

**B.E.A.T**

*Our Cookie Dough Fund Raiser helps pay for BEAT*

# FEBRUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8 ALL SCHOOL TRIP TO LION KING B.E.A.T.	9 MOVIE NIGHT 6:30	10
11	12	13	14	15	16	17
18	19 NO SCHOOL	20 NO SCHOOL	21 IMMUNIZATION EXCLUSION DAY	22	23	24
25	26	27	28			

## ARE YOU A BUCKET FILLER?-

Don't forget that amazing students are bucket fillers! Their actions or words that show that they care about someone. Saying or doing something kind. Giving someone a heartfelt smile. Using names with respect. Helping without being asked. Giving sincere compliments. Showing respect to others. There are hundreds of wonderful ways to fill buckets. Bucket filling means you kind and thoughtful. Your own bucket will be filled when, at the close of each day, you reflect on the ways in which you have filled other people's buckets.

# MARCH 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Celebrate Dr. Seuss' birthday cafeteria 5:30-7	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31