




MARCH 2017

ELEMENTARY SCHOOL MENU

		<i>BREAKFAST</i>	<i>LUNCH</i>	
W	MAR 1	Sausage Pup	Chicken Burger on WG Bun	
TH	2	Breakfast Pizza	Taco Salad in edible WG bowl	
F	3	Breakfast Sandwich***	Cheese or Pepperoni Pizza***	
M	6	Blueberry Waffle	Chicken Nuggets	
T	7	Egg Scramble***	Sloppy Tots w/WG Breadstick	
W	8	Muffin & Potatoes	Cheeseburger on WG Bun	
TH	9	Breakfast Pizza	Cheese Quesadilla on WG Tortilla	
F	10	Breakfast Sandwich***	Cheese or Pepperoni Pizza***	
M	13	French Toast Stix	Corn Dog #CELEBRATE MARCH BIRTHDAYS#	
T	14	Yogurt Parfait	Macaroni & Cheese	
W	15	Sausage Pup	Chicken Burger on WG Bun	
TH	16	Breakfast Pizza	Bean & Cheese Dip w/WG Tortilla Chips	
F	17	Breakfast Sandwich***	Cheese or Pepperoni Pizza*** 	
M	20	Strawberry Pancakes	Hot Dog on WG Bun	
T	21	Egg Scramble***	Chicken Alfredo	
W	22	Muffin & Potatoes	Cheeseburger on WG Bun	
TH	23	Breakfast Pizza	Cheese or Pepperoni Pizza***	
F	24	Breakfast Sandwich***	Sack Lunch	

MARCH 27 - 31

SPRING BREAK

DID YOU KNOW?

All breads, buns, rolls, pasta, crackers and tortillas are whole grain.

All recipes are made from scratch using the freshest ingredients available.

We meet and/or exceed the requirements for fruits, vegetables, grains and meat/meat alternate.

All cheeses and salad dressings are low fat.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

OFFERED DAILY

BREAKFAST

~ Fresh/Dried/Canned Fruit and Juice ~

~ Non-Fat/1% White Milk ~

Variable breakfast entrée choices include:

Cold cereals, Yogurt, Bagel, Chewy Breakfast Bar

LUNCH

~ Fresh/Dried/Canned Fruit ~

~ Fresh Vegetables ~

~ Non-Fat Milk/1% White Milk ~

FRIDAY ~ Non-Fat Chocolate Milk

offered at lunch only.

Breakfast Prices:

Grades K-12 \$1.50

Extra Milk or Juice \$0.40

Adult \$2.00

Lunch Prices:

Grades K-5 \$2.50

Grades 6-12 \$2.75

Extra Milk \$0.40

***May contain pork

Menu subject to change

MARCH 2017

MIDDLE/HIGH SCHOOL MENU

BREAKFAST

LUNCH

W	MAR	1	Sausage Pup	Chicken Burger on WG Bun	
TH		2	Breakfast Pizza	Taco Salad in edible WG bowl	
F		3	Breakfast Sandwich***	Cheese or Pepperoni Pizza***	
M		6	Blueberry Waffle	Chicken Strips	
T		7	Egg Scramble***	Sloppy Tots w/WG Roll	
W		8	Muffin & Potatoes	Cheeseburger on WG Bun	
TH		9	Breakfast Pizza	Chicken Fajitas on WG Tortilla	
F		10	Breakfast Sandwich***	Cheese or Pepperoni Pizza***	
M		13	French Toast Stix	Corn Dog	#CELEBRATE MARCH BIRTHDAYS#
T		14	Yogurt Parfait	Macaroni & Cheese	
W		15	Sausage Pup	Chicken Burger on WG Bun	
TH		16	Breakfast Pizza	Bean & Cheese Dip w/WG Tortilla Chips	
F		17	Breakfast Sandwich***	Cheese or Pepperoni Pizza***	
M		20	Strawberry Pancakes	Hot Dog on WG Bun	
T		21	Egg Scramble***	Chicken Alfredo	
W		22	Muffin & Potatoes	Cheeseburger on WG Bun	
TH		23	Breakfast Pizza	Cheese or Pepperoni Pizza***	
F		24	Breakfast Sandwich***	Sack Lunch	

MARCH 27 - 31

SPRING BREAK

OFFERED DAILY

BREAKFAST

~ Fresh/Dried/Canned Fruit and Juice ~

~ Non-Fat/1% White Milk ~

Variable breakfast entrée choices include:

Cold cereals, Yogurt, Bagel, Chewy Breakfast Bar

LUNCH

~ Fresh/Dried/Canned Fruit ~

~ Fresh Vegetables ~

~ Non-Fat Chocolate/1% White Milk ~

Breakfast Prices:

Grades K-12 \$1.50

Extra Milk or Juice \$0.40

Adult \$2.00

Lunch Prices:

Grades K-5 \$2.50

Grades 6-12 \$2.75

Extra Milk \$0.40

Adult \$4.00

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