

NOVEMBER 2017

ELEMENTARY SCHOOL MENU

BREAKFAST

LUNCH

W	NOV	1	Muffin + Sausage	Soup + Sandwich	
TH		2	Breakfast Pizza	Cheese or Pepperoni Pizza	
F		3	NO SCHOOL		
M		6		Chicken Nuggets	
T		7	Sausage Pup	Beefy Mac w/WG breadstick	
W		8	NO SCHOOL ELEMENTARY ONLY		
TH		9	NO SCHOOL FOR ALL		
F		10	VETERANS' DAY NO SCHOOL FOR ALL		
M		13	French Toast Stix	Corn Dog	#CELEBRATE NOVEMBER BIRTHDAYS#
T		14	Baked Pancakes + fruit	Thanksgiving Turkey Dinner	
W		15	Muffin + Sausage	Cheeseburger on WG Bun	
TH		16	Breakfast Pizza	Toasted Cheese Sandwich w/Tomato Soup	
F		17	Breakfast Sandwich	Cheese or Pepperoni Pizza	
M		20	 Happy Thanksgiving		
T		21			
W		22			
TH		23			
F		24			
M		27	Strawberry Pancake	Cheesy Breadsticks w/marinara sauce	
T		28	Egg Scramble	Hot Ham + Cheese Sandwich	
W		29	Sausage Pup	Chicken Burger on WG Bun	
TH		30	Breakfast Pizza	Spaghetti w/meat sauce + WG breadstick	

DID YOU KNOW?

- All breads, buns, rolls, pasta, crackers and tortillas are whole grain.
- All recipes are made from scratch using the freshest ingredients available.
- We meet and/or exceed the requirements for fruits, vegetables, grains and meat/meat alternate.
- All cheeses and salad dressings are low fat.

OFFERED DAILY

BREAKFAST

- ~ Fresh/Dried/Canned Fruit and Juice ~
- ~ Non-Fat/1% White Milk ~
- Variable breakfast entrée choices include
- Cold cereals, Yogurt, Bagel, Chewy Breakfast Bar

LUNCH

- ~ Fresh/Dried/Canned Fruit ~
- ~ Fresh Vegetables ~
- ~ Non-Fat Chocolate/1% White Milk ~



Breakfast Prices:

Grades K-12 \$1.75
Extra Milk or Juice \$0.40

Adult \$2.25

Lunch Prices:

Grades K-5 \$2.75

Grades 6-12 \$3.00

Extra Milk \$0.40

Adult \$4.25

*Menu subject to Change


This institution is an equal opportunity provider.

NOVEMBER 2017

MIDDLE/HIGH SCHOOL MENU

BREAKFAST

LUNCH

W	NOV	1	Muffin + Sausage	Soup + Sandwich
TH		2	Breakfast Pizza	Cheese or Pepperoni Pizza
F		3	NO SCHOOL	
M		6	French Toast Stix	Chicken Burger on WG Bun
T		7	Sausage Pup	Beefy Mac w/WG Breadstick
W		8	Bagel Sandwich	Cheese or Pepperoni Pizza
TH		9	NO SCHOOL FOR ALL	
F		10	VETERANS' DAY NO SCHOOL FOR ALL	
M		13	Blueberry Waffle	Corn Dog #CELEBRATE NOVEMBER BIRTHDAYS#
T		14	Muffin + Sausage	Thanksgiving Turkey Dinner
W		15	Baked Pancakes + Fruit	Cheeseburger on WG Bun
TH		16	Breakfast Pizza	Toasted Cheese Sandwich w/Tomato Soup
F		17	Breakfast Sandwich	Cheese or Pepperoni Pizza
M		20		
T		21		
W		22		
TH		23		
F		24		
M		27	Strawberry Pancake	Cheesy Breadsticks w/Marinara Sauce
T		28	Egg Scramble	Hot Ham + Cheese Sandwich
W		29	Sausage Pup	Chicken Burger on WG Bun
TH		30	Breakfast Pizza	Spaghetti w/meat sauce + WG breadstick



OFFERED DAILY

BREAKFAST

~ Fresh/Dried/Canned Fruit and Juice ~
 ~ Non-Fat/1% White Milk ~
 Variable breakfast entrée choices include
 Cold cereals, Yogurt, Bagel, Chewy Breakfast Bar

LUNCH

~ Fresh/Dried/Canned Fruit ~
 ~ Fresh Vegetables ~
 ~ Non-Fat Chocolate/1% White Milk ~



Breakfast Prices:

Grades K-12 \$1.75
 Extra Milk or Juice \$0.40

Adult \$2.25

Lunch Prices:

Grades K-5 \$2.75

Grades 6-12 \$3.00

Extra Milk \$0.40

Adult \$4.25

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