

BREAKFAST

LUNCH

| M | SEPT | 3 | LABOR DAY HOLIDAY | |
|----|------|----|-----------------------|--|
| T | | 4 | French Toast Stix | Cheeseburger on WG Bun** |
| W | | 5 | Sausage Pup | Cheesy Breadsticks w/marinara sauce |
| TH | | 6 | Breakfast Pizza | BBQ Rib Sandwich on WG Bun** |
| F | | 7 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |
| M | | 10 | PanCakes w/applesauce | Chicken Nuggets** |
| T | | 11 | Eggs w/english muffin | Corn Dog |
| W | | 12 | Muffin + Sausage | Sloppy Joes on WG Bun** |
| TH | | 13 | Breakfast Pizza | Cheese Quesadilla on WG tortilla** |
| F | | 14 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |
| M | | 17 | Blueberry Mini-waffle | Chicken Burger on WG Bun** |
| T | | 18 | Breakfast Burrito | Beefy Mac w/WG Breadstick |
| W | | 19 | Oatmeal w/fruit | Toasted Cheese Sandwich w/Tomato Soup** |
| TH | | 20 | Breakfast Pizza | Frito Taco Pie** |
| F | | 21 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |
| M | | 24 | French Toast Swirl | Hot Dog on WG Bun |
| T | | 25 | Eggs w/english muffin | Chicken Pot Pie on WG Biscuit |
| W | | 26 | Sausage Pup | Cheeseburger on WG Bun** |
| TH | | 27 | Breakfast Pizza | Spaghetti w/meat sauce and WG breadstick** |
| F | | 28 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |



OFFERED DAILY

BREAKFAST

~ Fresh/Dried/Canned Fruit and Juice ~
 ~ Non-Fat/1% White Milk ~
 Variable breakfast entrée choices include
 Cold cereals, Yogurt, Bagel, Chewy Breakfast Bar

LUNCH

~ Fresh/Dried/Canned Fruit ~
 ~ Fresh Vegetables ~
 ~ Non-Fat Chocolate/1% White Milk ~



Breakfast Prices:

Grades K-12 \$1.75
 Extra Milk or Juice \$0.40
 Adult \$2.25

Lunch Prices:

Grades K-5 \$2.75
 Grades 6-12 \$3.00
 Extra Milk \$0.40
 Adult \$4.25

DID YOU KNOW?

- All breads, buns, rolls, pasta, crackers and tortillas are whole grain.
- All recipes are made from scratch using the freshest ingredients available.
- We meet and/or exceed the requirements for fruits, vegetables, grains and meat/meat alternate.
- All cheeses and salad dressings are low fat.
- Allergies or dietary changes must be substantiated with a doctor's signed medical statement form.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

** Gluten free option available
 ~Menu subject to change~

OFFERED DAILY

BREAKFAST

LUNCH

| M | SEPT | 5 | LABOR DAY HOLIDAY | |
|----|------|----|-----------------------|---|
| T | | 6 | French Toast Stix | Cheeseburger on WG Bun** |
| W | | 7 | Sausage Pup | Cheesy Breadsticks w/marinara sauce |
| TH | | 8 | Breakfast Pizza | BBQ Rib Sandwich on WG Bun** |
| F | | 9 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |
| M | | 12 | PanCakes w/applesauce | Chicken Strips** |
| T | | 13 | Eggs w/english muffin | Corn Dog |
| W | | 14 | Muffin + Sausage | Sloppy Joes on WG Bun** |
| TH | | 15 | Breakfast Pizza | Cheese or Chicken Quesadilla on WG tortilla** |
| F | | 16 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |
| M | | 19 | Blueberry Mini-waffle | Chicken Burger on WG Bun** |
| T | | 20 | Breakfast Burrito | Beefy Mac w/WG Breadstick |
| W | | 21 | Oatmeal w/fruit | Toasted Cheese Sandwich w/Tomato Soup** |
| TH | | 22 | Breakfast Pizza | Frito Taco Pie** |
| F | | 23 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |
| M | | 26 | French Toast Swirl | Hot Dog/Chili Dog on WG Bun |
| T | | 27 | Eggs w/english muffin | Chicken Pot Pie on WG Biscuit |
| W | | 28 | Sausage Pup | Cheeseburger on WG Bun** |
| TH | | 29 | Breakfast Pizza | Spaghetti w/meat sauce and WG breadstick** |
| F | | 30 | Breakfast Sandwich | Cheese or Pepperoni Pizza** |



CELEBRATE SEPT B'DAYS



BREAKFAST

~ Fresh/Dried/Canned Fruit or Juice ~
 ~ Non-Fat/1% White Milk ~
 Variable breakfast entrée choices include
 Cold cereals, Yogurt, Bagel, Chewy Breakfast Bar

LUNCH

~ Fresh/Dried/Canned Fruit ~
 ~ Fresh Vegetables ~
 ~ Non-Fat Chocolate/1% White Milk ~

Breakfast Prices:

Grades K-12 \$1.75
 Extra Milk or Juice \$0.40
 Adult \$2.25

Lunch Prices:

Grades K-5 \$2.75
 Grades 6-12 \$3.00
 Extra Milk \$0.40
 Adult \$4.25

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